

BrainWave Plus[®]

Potent Brain Enhancement



(Hypoallergenic)

Item # 52560

Available in bottles of 120 capsules

The Possible Benefits of BrainWave Plus[®], a Dietary Supplement

- Provides precursors for the formation of key neurotransmitters*
- Supports healthy circulation and antioxidant activity in the brain*
- Helps maintain nerve cell membrane integrity*

Description

BrainWave Plus[®] is a balanced formula of "smart nutrients" designed to enhance mental function, based on current research of the underlying mechanisms of neuro-cognitive nutritional support.* BrainWave Plus[®] contains nutrients which support blood circulation, neurotransmitter production and activity, neurological function and maintenance of nerve cell membrane integrity, which in turn support mental alertness, healthy mood, learning and memory.*

Acetyl-L-Carnitine plays a key role in the transfer of intracellular energy and in the production of acetylcholine, which is crucial for learning, attention, and memory.* **L-Glutamine** is the most plentiful amino acid in the diet, and has many functions in the body, including involvement in cellular energy and growth, and as a precursor to GABA, a calming neurotransmitter.* **Choline** can serve as a precursor to the neurotransmitter acetylcholine. Choline is known to support memory and cognitive function.* **Phosphatidylcholine** and **phosphatidylserine** are phospholipids, key components of cell membranes for maintaining fluidity and integrity, and both play a role in brain function.* **Ginkgo** is an antioxidant that helps to protect the body from damaging free radicals.* Studies show that ginkgo supports circulation, which in the brain can enhance mental function and memory.* Proper circulation is also important for the delivery of nutrients and removal of metabolic wastes.*

Eleuthero is an adaptogenic herb known to help improve immune response and increase energy and concentration.* It is widely used as a tonic to improve resistance to stress, restore vigor, and improve the memory.* **Panax ginseng** is an adaptogenic, tonic and nervine herb, traditionally used to boost physical and mental vitality, speed up reaction time and improve abstract thinking.* Ginsenosides, the active ingredients in ginseng, are known to stimulate the nervous system and the immune system.* **Ashwaganda**, also known as winter cherry, is a primary herb in Ayurvedic medicine. It has traditionally been used for mental and physical stress and fatigue, to enhance learning and as a general tonic.* Research indicates that it has antioxidant, immune modulating and thyroid supporting properties.*

Gotu Kola has traditionally been used in India and Indonesia for enhancement of sexual energy, and to support wound healing.* It has been shown to support circulation, and to be mildly sedating.* Gotu kola is not related to kola nut and does not contain caffeine. **Royal Jelly** is a white gelatinous bee secretion that transforms a worker bee into the queen bee, stimulating her growth and development and significantly extending her lifespan. It contains proteins, saccharides, medium-chain fatty acids, pantothenic acid and other vitamins, minerals and phytosterols. It also contains neopterin and royalsin, substances shown to have immune properties.*

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Bacopa monniera (*Baco Pin*) is an Ayurvedic herb used in India for 3,000 years to support memory capacity, and enhance intellectual and cognitive functions.* It contains alkaloids called bacosides which have been shown to support the repair of damaged neurons by augmenting kinase, the protein involved in the synthesis of new neurons.* **Vinpocetine**, an extract of Periwinkle, supports circulation in the brain and the production of ATP by brain cells.* Studies have shown it to help protect brain cells.* **CDP-Choline** can cross the blood-brain barrier, where it enhances energy metabolism, and supports production of trimethylglycine, acetylcholine and phosphatidylcholine.* CDP-Choline has been shown to enhance cell membrane formation and repair, restore intracellular enzyme function, and limit nerve damage.*

Huperzine A is a plant alkaloid derived from the Chinese herb Chien Tseng Ta (*Huperzia seratta*), that has been shown to inhibit acetylcholinesterase, an enzyme that catalyzes acetylcholine breakdown.* By preventing the degradation of endogenous acetylcholine, it can support the conservation of acetylcholine in the brain.* Huperzine A also supports norepinephrine and dopamine levels in the brain.* **Thymus** glandular has been shown to support immune response in the human body.* The thymus gland is responsible for the maturation of T lymphocytes (T-cells). It also produces the hormones thymosin, thymopoeitin, and serum thymic factor. **DMAE** can increase choline and acetylcholine levels, and has undergone much study involving brain function.*

Serving Size: 5 Capsules
 Servings Per Container: 24

Amount Per Serving:

Acetyl-L-Carnitine	500 mg
L-Glutamine	400 mg
Choline Bitartrate	200 mg
Phosphatidylserine	150 mg
Ginkgo (<i>Ginkgo biloba</i>) Extract (standardized to 24% Ginkgo Flavonglycosides and 6% Terpene Lactones)	120 mg
Eleuthero (<i>Eleutherococcus senticosus</i>) Extract (15:1)	100 mg
<i>Panax Ginseng</i> extract (standardized to 7% Ginsenosides)	100 mg
Ashwaganda Extract	100 mg
Gotu Kola powdered	100 mg
Royal Jelly	100 mg
<i>Bacopa monniera</i> Extract (standardized to 30% Bacosides)	500 mg
Vinpocetine	10 mg
CDP-Choline	250 mg
Huperzine A (<i>Huperzia seratta</i>)	100 µg
Thymus	100 mg
DMAE (Dimethylaminoethanol)	100 mg

Other ingredients: Hydroxypropyl methylcellulose, cellulose, magnesium stearate, silicon dioxide.

Suggested Use: As a dietary supplement, 1 to 5 capsules one to three times daily with meals, or as directed by a healthcare practitioner.



NutriCology®, Inc.
 2300 North Loop Road, Alameda, CA 94502
 Phone: 800-545-9960 or 510-263-2000
 Fax: 800-688-7426 or 510-263-2100
 www.nutricology.com

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.