

# Complete Immune

## Total Immune Nutrient Support\*

**Complete Immune** is a comprehensive powdered blend of nutrients and herbs designed to support general nutrition, immune system function, liver detoxification, and provide antioxidant support.\* Complete Immune was originally formulated by Friedrich Douwes, MD, founder of the renowned Klinik St. Georg in Bad Aibling, Germany, and Stephen A Levine, PhD, founder of NutriCology. Dr. Douwes recognized a need for pre-care, "detox," and post-care nutrient support as part of his therapies, and so he and Dr. Levine developed this unique comprehensive formula with a delivery system palatable for broad use.

Complete Immune has been updated to include vitamins B2, B6, B12, and folate in bioactive coenzyme forms, as well as SelenoExcell®, a selenium complex produced by yeast, and MaitakeGold 404® blend, a proprietary blend of whole mushroom mycelium powders with a unique and potent extract of maitake.\* In addition to this, the updated formula includes clinically-relevant dosages of lycopene as well as astragalus, turmeric, broccoli (sulforaphane), Panax ginseng, decaffeinated green tea standardized extract, and additional antioxidants.\* This blend is available at a fraction of the cost of all of these nutrients taken separately, and is convenient and easy to use due to its powder delivery format.



#53560 • 300 grams powder  
#53820 • 900 grams powder

"Nutritional support is essential for all patients. Complete Immune nourishes these patients who are usually depleted and thereby allows other protocols to be even more effective.\* I recommend to all my patients, where feasible, pre- and post-medical treatment with Complete Immune supplementation."

- Dr. Friedrich Douwes, M.D., founder of the St. Georg Medical Klinik, Germany



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Both MaitakeGold 404® and SelenoExcell® have been clinically shown to support immune system function.\* MaitakeGold 404® is a proprietary hydro-alcohol extract from the maitake fruit body with optimized immune-enhancing properties.\* The mushroom mycelium powders use a hot-water process which releases the active compounds from the indigestible cell walls into bioavailable forms for immune support.\* The ten medicinal mushrooms include: reishi (*Ganoderma lucidum*), oyster mushroom (*Pleurotus ostreatus*), turkey tail mushroom (*Coriolus versicolor*), lion's mane (*Hericium erinaceus*), shiitake (*Lentinula edodes*), maitake (*Grifola frondosa*), chaga (*Inonotus obliquus*), poria (*Poria cocos*), *Schizophyllum commune*, and *Agaricus blazei*. SelenoExcell® is an organically bound high-selenium compound from yeast that provides a complex blend of selenocompounds of which approximately 70% is selenomethionine. Studies suggest that the blend of selenium compounds found in food-sourced selenium are necessary for cellular-protective benefits.\* Although extracted from yeast

(*Saccharomyces cerevisiae*), SelenoExcell® is completely yeast-free.

Bioactive coenzyme B-vitamins are essential to detoxification and enzymatic processes in the liver, and N-acetyl cysteine, lipoic acid, trimethylglycine, taurine, turmeric, quercetin, and sulforaphane are also known to support liver detoxification and elimination processes.\* Antioxidant action is enhanced with lycopene, decaffeinated green tea extract, quercetin, vitamin C, and vitamin E as EVNoIMax™, a water-dispersible full-spectrum palm tocotrienol/tocopherol complex.\* Extracts of Panax ginseng and astragalus are included for their immune-enhancing effects, while ginseng also promotes healthy energy levels throughout the day.\* Essential vitamins, minerals, and L-carnitine support normal energy levels and healthy cellular and mitochondrial function.\* Together, this blend of nutrients and botanicals make Complete Immune an excellent combination to support normal nutritional needs of the body with a special emphasis on the immune system.\*

## Supplement Facts

Serving Size 1 Scoop (20 g)  
Servings Per Container 15 (#53560) and 45 (#53820)

Amount Per Serving	% Daily Value *	Amount Per Serving	% Daily Value *	Amount Per Serving	% Daily Value *	Amount Per Serving	% Daily Value *
Calories	74	Vitamin E (as 1.4 IU of d-Alpha Tocopherol)	0.94 mg 6%	Magnesium (as Bisglycinate)	150 mg 36%	Sulforaphane (Broccoli Extract 20:1) ( <i>Brassica aleracea</i> )	100 mg †
Total Fat	0.7 g 1%	Natural d-Mixed Tocotrienols	3.74 mg †	Zinc (as Zinc Picolinate)	15 mg 136%	Decaffeinated Green Tea (Leaves) Extract (50% Catechins and 98% Polyphenols) ( <i>Camellia sinensis</i> )	200 mg †
Cholesterol	7 mg 2%	d-Gamma-Tocotrienol		Selenium (from SelenoExcell® organically bound high-selenium yeast)	100 mcg 182%	MaitakeGold 404® 5% with Multi-Mycelia Blend containing: <i>Ganoderma lucidum</i> , <i>Pleurotus ostreatus</i> , <i>Coriolus versicolor</i> , <i>Schizophyllum commune</i> , <i>Hericium erinaceus</i> , <i>Lentinula edodes</i> , <i>Grifola frondosa</i> , <i>Inonotus obliquus</i> , <i>Poria cocos</i> , <i>Agaricus blazei</i> , MaitakeGold 404® ( <i>Grifola frondosa</i> extract)	150 mg †
Sodium	69 mg 3%	d-Alpha-Tocotrienol		Copper (as Copper Bisglycinate)	1 mg 111%	Bromelain (1200 GDU/g)	200 mg †
Total Carbohydrates	10 g 3%	d-Delta-Tocotrienol		Manganese (as Manganese Citrate)	2 mg 87%	Turmeric (Root) Extract (95% Curcuminoids)	500 mg †
Dietary Fiber	3 g 12%	d-Beta-Tocotrienol		Chromium (as Chromium Picolinate)	50 mcg 143%	Lycopene	4 mg †
Total Sugars	0.5 g	Thiamine (as Hydrochloride)	10 mg 833%	Molybdenum (as Sodium Molybdate)	100 mcg 222%	L-Carnitine	250 mg †
Protein	6.6 g 13%	Riboflavin (as Riboflavin-5-phosphate)	10 mg 769%	Potassium (as Potassium Gluconate and Potassium Iodide)	116 mg 2%	Taurine	125 mg †
Iron (naturally occurring)	1.3 mg 7%	Niacin (as 50% Niacinamide and 50% Nicotinic acid)	25 mg NE 156%			Trimethylglycine	250 mg †
Vitamin A (as 5000 IU of Retinyl Acetate)	1502 mcgRAE 167%	Vitamin B6 (as Pyridoxal-5-phosphate)	10 mg 588%	N-Acetyl Cysteine	250 mg †	Quercetin Dihydrate	250 mg †
Vitamin C (as Calcium Ascorbate)	1 g 1111%	Folate (as 100 µg of 5-Methyltetrahydrofolate) (Biofolate®)	167 mcgDFE 42%			Alpha Lipoic Acid	100 mg †
Vitamin D3 (as 800 IU of Cholecalciferol)	20 mcg 100%	Vitamin B12 (as Methylcobalamin)	200 mcg 8333%				
EVNoIMax™ 15% Powder (non-GMO) 34 mg containing:		Biotin (as d-Biotin)	100 mcg 333%				
		Pantothenic Acid (as Calcium Pantothenate)	25 mg 500%				
		Calcium (as Ascorbate and Pantothenate)	100 mg 10%				
		Iodine (as Potassium Iodide)	50 mcg 33%				

\*Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: Psyllium husks, whey protein concentrate, oat bran, xylitol, rice bran, apple fiber, soy protein concentrate, silicon dioxide.

**Suggested Use:** As a dietary supplement, As a dietary supplement, 1 level scoop one or two times daily, mixed with desired liquid, or as directed by a healthcare practitioner.

Contains: **Soy.**



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EVNoIMax™ is a trademark of ExcelVite.

**MaitakeGold 404®**

MaitakeGold 404® is a trademark of Tradeworks Group, Inc.