

ProGreens®

Gluten Free

with Advanced Probiotic Formula

ProGreens® is an all-natural drink mix formulated with the highest quality superfoods, to provide broad-spectrum nutritional support from green grasses and natural food factors not found in isolated vitamins or mineral concentrates.* In addition to the green grasses, sea vegetables (seaweed) and algae, ProGreens® contains premium adaptogenic herbs and standardized extracts, active probiotics, fiber, and a variety of nutrient-rich superfoods.* ProGreens® is a wholesome food supplement designed to support optimal health.

"I have studied nutrition for over 25 years. When I take ProGreens® daily, I know I've done one of the best things I can possibly do for my health each day."

Jesse Hanley, M.D., Malibu Health & Fitness Center, Los Angeles, California



#51540 (30 Day Supply)
9.27 oz. (265 g) powder

#51550 (Travel Size)
3 oz. (85 g) powder



800.545.9960
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BIOENERGETIC

One scoop (approx. 8.8 grams) contains:

Green Grasses



Wheat Grass Powder	350 mg
Barley Grass Powder.....	350 mg
Alfalfa Grass Powder	350 mg
Oat Grass Powder	350 mg

Blue Green & Sea Algae



Spirulina Powder.....	1 g
Chlorella (Cracked-Cell).....	350 mg
Dunaliella Extract.....	40 mg
Dulse Powder	30 mg

Non-Dairy Probiotic Cultures



LactoSpore® (<i>Bacillus coagulans</i> MTCC 5856)	2.0 Billion CFUs**
Bifidobacterium group (<i>B.longum</i> , <i>B.breve</i> , <i>B.bifidum</i>)	3.0 Billion CFUs**

Natural Fiber



Flax Seed Powder.....	650 mg
Apple Pectin & Fiber	600 mg
Fructooligosaccharides (FOS).....	500 mg

Standardized Bioflavonoid Extracts



Milk Thistle Extract (80% Silymarin)	60 mg
Ginkgo Leaf Extract (24% Flavoglycosides & 6% Terpene Lactones).....	20 mg
Green Tea Extract (60% Catechins)	20 mg
Grape Seed Extract (92% Proanthocyanidins)	20 mg
Bilberry Extract (25% Anthocyanidins).....	20 mg

Adaptogenic & Support Herbs



Licorice Root Powder	100 mg
Eleuthero Root Extract	130 mg
Suma Root Powder.....	60 mg
Astragalus Root Extract	60 mg
<i>Echinacea purpurea</i> Aerial Parts Powder	60 mg
Ginger Root Powder.....	5 mg

Nutrient-Rich "Super Foods"



Soy Lecithin (99% Oil-Free)	2 g
Acerola Berry Juice Powder	200 mg
Beet Juice Powder.....	200 mg
Spinach Powder (1.5% Octacosanol).....	150 mg
Royal Jelly (5% 10-HDA).....	150 mg
Bee Pollen	150 mg

Antioxidant Vitamins



Vitamin A (as Beta-Carotene)	5000 IU
Vitamin C.....	16 mg
Vitamin E (D-alpha-Tocopheryl Succinate).....	100 IU

Other ingredients: Silicon dioxide.

**Viable cell count at the time of manufacture.

Q&A:

Who should take ProGreens®?

Anyone who is concerned about the lack of proper nutrition in today's diet.

What kind of ingredients are in ProGreens®?

ProGreens® is a mixture of more than 30 ingredients, including "super green" powders, sea vegetables and algae, adaptogenic herbs, probiotics, fiber, and a variety of nutrient-rich "superfoods."**

I may be gluten sensitive or allergic to wheat.

Can I take ProGreens®?

ProGreens® no longer contains wheat sprouts, and it is tested and verified as gluten-free. Those with an actual wheat allergy may or may not tolerate wheat grass powder, so it is advisable to check with your healthcare practitioner first. We test every ProGreens® batch for gluten.

What are the changes in the ProGreens® formula since January 2015?

- Wheat Sprout Powder removed
- Tested and verified as Gluten-Free
- Hardy LactoSpore® probiotic added
- Flax Seed Powder increased to 650 mg per serving
- Apple Pectin and Fiber increased to 600 mg per serving

Should ProGreens® be refrigerated?

To preserve probiotic and enzyme activity, we suggest keeping ProGreens® refrigerated after opening.

What is the shelf life of ProGreens®?

The shelf life is two years unopened, and six months after opening if refrigerated.

Can I premix ProGreens® in advance?

ProGreens® is enzymatically alive and fully active when you mix it with liquid. To maintain full potency, we suggest mixing it fresh each time.

Will ProGreens® interfere with medications?

ProGreens® has not been shown to interfere with medications. However, it is best to consult with your healthcare practitioner.

Can children take ProGreens®?

Yes, beginning at 3 years of age, children can start with ¼ tsp. per day; at 10 years, 1 tsp. per day; and at 14 years, a full serving.

 LactoSpore® is a registered trademark of Sabinsa Corporation.